



Christmas Cards and The Horspath Calendar 2022  
will be on sale from September.  
Calendars are £5 each and sell out very quickly. Cards are £1 each.

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**DON'T DELAY IF YOU WANT TO BOOK THE HUB.**

Please see our new website at [www.horspathhub.co.uk](http://www.horspathhub.co.uk) where you will find the Hub Bookings Calendar for availability, Terms and Conditions, and the Booking Form, which can now be completed online. There is a discount for Horspath residents. Please contact Sally Humphrey or Sheila Frankum for more information: 07779 672163 or [horspathhub@gmail.com](mailto:horspathhub@gmail.com)

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**HORSPATH SCARECROW TRAIL RETURNS FOR 2021**

**Saturday 23<sup>rd</sup> October – Sunday 31<sup>st</sup> October**

Theme – Fictional Children's Characters

To get involved, email [horspathevents@hotmail.com](mailto:horspathevents@hotmail.com)

or collect an application form from The Hub on Fridays 10.00am to 1.00pm.

Register your scarecrow before **14<sup>th</sup> October**.

(Get your application in early, no duplication of characters will be allowed.)

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**Don't be left out.**

Become a "Friend of Horspath" to keep up to date between Newsletters. E-mail:  
[horspathhub@gmail.com](mailto:horspathhub@gmail.com)

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This Newsletter was printed by:  
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## Friends of Horspath

### Autumn/Winter 2021

# HORSPATH HUB NEWSLETTER



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**MAGIC PETER**

**Sunday 26<sup>th</sup> September 2021**

**3.00 pm – 5.00 pm**

(Doors open at 2.30 pm)

Come and see Magic Peter for an afternoon of fun and magic aimed at children between 5-10 years old and their parents. There will be a half hour interval when refreshments will be sold. **Tickets available from:** [natoakley@hotmail.co.uk](mailto:natoakley@hotmail.co.uk)

Tickets:	Family of 4:	£13
Adults: £3	Family of 5:	£16
Child: £4	Family of 6:	£19

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**FRIENDS OF HORSPATH ANNUAL GENERAL MEETING**

**Wednesday 29<sup>th</sup> September 2021 at 7.30 pm**

In the Horspath Hub. Everyone is welcome. Wine and nibbles will be served.

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**CHRISTMAS MARKET**

**Saturday 27<sup>th</sup> November 2021 10.00 am-12.30 pm**

Stalls to be arranged, but it is hoped to have a heated marquee in the garden as well as stalls in the Hub.

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**Please see our new website for all you need to know about the Hub.**

[www.horspathhub.co.uk](http://www.horspathhub.co.uk)

## MONTHLY ACTIVITIES

### EVERY 1<sup>st</sup> MONDAY OF THE MONTH

**MAKING TIME** 2.00pm-4.00pm  
Next Meeting: 6<sup>th</sup> September 2021  
Craft Class: plaster work, baskets, quilting, crochet and knitting.  
**Free**  
Contact: Sheila Frankum on 07779 672163  
E-mail: [community.hub@horspath.org.uk](mailto:community.hub@horspath.org.uk)

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### HYPNOBIRTHING CLASSES 7.00pm-9.30pm

**Booking Online**  
Steph McGee  
[info@stephmcgeehypnotherapy.com](mailto:info@stephmcgeehypnotherapy.com)  
[www.stephmcgeehypnotherapy.com](http://www.stephmcgeehypnotherapy.com)  
07733 103184  
See website for details.

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### AD HOC MONDAYS

**CREATIVE WRITING** 2.00pm-4.00pm  
Next Meeting to be arranged. Free, but donations to the Hub are encouraged.  
Contact: Paul Walton by e-mail [paul.walton@orange.fr](mailto:paul.walton@orange.fr)

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### EVERY 1<sup>st</sup> WEDNESDAY OF THE MONTH

**SENIOR RESIDENTS' CLUB** 2.00pm-4.00pm  
Next Meeting: 1<sup>st</sup> September 2021  
Tea/coffee, cakes and a chat. All over-50's are welcome.  
Annual subscription: £10. £5 for six months.  
Contact: Leonora Richardson 01865 873107/[leonoradeluc@icloud.com](mailto:leonoradeluc@icloud.com)

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### MID-MONTH

#### ONE-TO-ONE YOGA AND MASSAGE SESSIONS

In the Meeting Room. Wednesdays between 12.00pm and 5.00pm  
Thursdays between 8.30am and 4.00pm  
For fees and appointments: [lisa@lisacuerden.com](mailto:lisa@lisacuerden.com)

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### FRIDAY

**HORSPATH WINE CLUB (Starts in October – date to be arranged)** 7.30pm-9.30pm  
Nigel Montgomery: 01865 872719  
[nigelmontgomery@live.com](mailto:nigelmontgomery@live.com) [www.horspathwine.club](http://www.horspathwine.club)

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### AGE UK ACTIVITIES

**Age UK will let us know when they can resume their services:**

### EVERY 2<sup>nd</sup> WEDNESDAY OF THE MONTH

**AGE UK FILM CLUB FOR THE OVER 50's** 2.00pm-4.00pm  
Cost £3.50 including tea/coffee and cake.

### EVERY 2<sup>nd</sup> FRIDAY OF THE MONTH

**AGE UK INFORMATION AND ADVICE** 10.30am-12.00pm

## WEEKLY ACTIVITIES

### MONDAYS

**PILATES EXERCISE CLASS** 9.15am-10.15am  
Kim Barresi  
Starts 6<sup>th</sup> September 2021  
Contact: [kim.barresi@gmail.com](mailto:kim.barresi@gmail.com)  
or Sally Humphrey [sallylhumphrey@gmail.com](mailto:sallylhumphrey@gmail.com)

**FORREST-INSPIRED YOGA** 6.00pm-7.00pm  
and 7.30pm-8.30pm  
Booking is essential on website  
Started on 2<sup>nd</sup> August 2021  
Sarah Leyla [www.sarahleyla.com/group-classes](http://www.sarahleyla.com/group-classes)  
See website for online yoga groups  
For help with booking, please email: [sallylhumphrey@gmail.com](mailto:sallylhumphrey@gmail.com)

### TUESDAYS

**TABLE TENNIS** 10.00am-12.00pm  
Started 17<sup>th</sup> August 2021  
Sheila Frankum: 07779 672163/[horspathhub@gmail.com](mailto:horspathhub@gmail.com)

### WEDNESDAYS

**PILATES-BASED EXERCISE CLASS** 8.15am-9.15am  
Marlon May  
[marlonmay@mmhealthandfitness.com](mailto:marlonmay@mmhealthandfitness.com)  
Sally Humphrey: [sallylhumphrey@gmail.com](mailto:sallylhumphrey@gmail.com)

**MOVE IT OR LOSE IT (Seated Exercise Class)** 10.00am-11.00am  
Not yet; will be starting as soon as possible.  
Louise Kenworthy: [l.kenworthy@sky.com](mailto:l.kenworthy@sky.com)

### THURSDAYS

**HUB ART GROUP** 10.30am-12.30pm  
Starts on 2<sup>nd</sup> September 2021. £5 per week.  
John Underdown: [sculptureforyou@gmail.com](mailto:sculptureforyou@gmail.com)  
07825 615735

**LINE DANCING** 2.00pm-3.30pm  
Starts on 2<sup>nd</sup> September 2021  
Leonora Richardson/Jacqueline Franklin: 01865 873107

### FRIDAYS

**POST OFFICE** 10.00am-1.00pm  
Open every Friday except when Bank Holiday  
falls on a Friday.

**COFFEE MORNINGS** 10.30am-12.00pm  
Open every Friday including Bank Holidays, except Christmas Day.